



# Play This Simple Riff For 3 Minutes

## Eddie Haddad

This riff is meant to be played over and over, and I mean as many times as it takes until your hand starts cramping up! That's how you know you're pushing the boundaries of how much strength and stamina is in your playing.

My challenge to you is to play this riff (at whatever bpm you're comfortable with) for 3 minutes straight, every day. Set a stopwatch as well as your metronome and get riffin'! :)

1 P P P P P P

T  
A  
B

3 0 0 5 0 0 7 0 0 5 0 0 6 0 5 0

