



Start Practicing Like THIS For REAL RESULTS!

Eddie Haddad

You ready to spider climb?? This exercise will get your hands moving like never before! Just remember that the tab here starts the exercise off and stops at a certain point, but it isn't meant to give you the "whole picture"...

Once you understand the pattern and how to walk it up the fretboard, the tab should give you just enough momentum to keep it going until you reach the 12th fret.

If you need a refresher on how to navigate this exercise with your fingers, be sure to rewatch the video lesson. :)

Spider Climb Exercise:

The exercise is written in 4/4 time and consists of 12 measures. Each measure is accompanied by a guitar tab. The notes and fingerings are as follows:

- Measure 1:** Notes: G2, A2, B2, C3, B2, A2, G2. Tab: 1 2 3 4 1 2 3 4.
- Measure 2:** Notes: A2, B2, C3, D3, C3, B2, A2. Tab: 1 2 3 4 1 2 3 4.
- Measure 3:** Notes: B2, C3, D3, E3, D3, C3, B2. Tab: 1 2 3 4 1 2 3 4.
- Measure 4:** Notes: C3, D3, E3, F#3, E3, D3, C3. Tab: 5 4 3 2 5 4 3 2.
- Measure 5:** Notes: D3, E3, F#3, G#3, F#3, E3, D3. Tab: 5 4 3 2 5 4 3 2.
- Measure 6:** Notes: E3, F#3, G#3, A#3, G#3, F#3, E3. Tab: 5 4 3 2 5 4 3 2.
- Measure 7:** Notes: F#3, G#3, A#3, B#3, A#3, G#3, F#3. Tab: 3 4 5 6 3 4 5 6.
- Measure 8:** Notes: G#3, A#3, B#3, C#4, B#3, A#3, G#3. Tab: 3 4 5 6 3 4 5 6.
- Measure 9:** Notes: A#3, B#3, C#4, D#4, C#4, B#3, A#3. Tab: 3 4 5 6 3 4 5 6.
- Measure 10:** Notes: B#3, C#4, D#4, E#4, D#4, C#4, B#3. Tab: 7 6 5 4 7 6 5 4.
- Measure 11:** Notes: C#4, D#4, E#4, F#4, E#4, D#4, C#4. Tab: 7 6 5 4 7 6 5 4.
- Measure 12:** Notes: D#4, E#4, F#4, G#4, F#4, E#4, D#4. Tab: 7 6 5 4 7 6 5 4.

